

**Goldin Universe**

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## **Weight Control - MP3**

\$18.00 \$9.99

You Save: \$8.01

Dieting makes you fat! Chances are you weigh more than you did than when you first went on diet. With **Paul Goldin's** innovative programme you will quickly and easily learn to gain permanent control over your eating habits - not only to lose weight, but to keep it off.

This programme will also help you to confront the source of your subconscious need to overeat and will assist you to control your cravings - and indeed your life.

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This amazing product is composed of three carefully designed individual tracks:

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- 1.Â Â Â Â Â Introduction
- 2.Â Â Â Â Â Programming
- 3.Â Â Â Â Â Reinforcement

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Instant download after purchase

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